

January 2012

Lessons for ENMU-R Semester 3

Schedule of Events

- 18 January—Begin ENMU-R Judo Classes

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18 Moving Ukemi, Uki Goshi	19	20	21
22	23 Moving Ukemi, Uki Goshi	24	25 Moving Ukemi, Uki Goshi, Tate Shiho Gatame, Juji Jime	26	27	28
29	30 Moving Ukemi, Uki Goshi, Tate Shiho Gatame, Juji Jime	31				

Teaching Kodokan Judo to the Roswell Community.

Roswell Judo Club

500 S. Richardson
Roswell, NM 88203

Phone: 575-649-0982

E-mail: sensei@roswell-judo.org



February 2012

Lessons for ENMU-R Semester 3

Schedule of Events

- 20 February—President's Day

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Leaping Ukemi, Tate Shiho Gatame, Juji Jime Escapes	2	3	4
5	6 Leaping Ukemi, Tate Shiho Gatame, Juji Jime Escapes	7	8 Harai Goshi, Turtle, Figure-4 Turnover, Figure-4 Turnover to Kami Shiho Gatame	9	10	11
12	13 Harai Goshi, Turtle, Figure-4 Turnover, Figure-4 Turnover to Kami Shiho Gatame	14	15 Harai Goshi, Guard, Knee-in Entry Guard Pass	16	17	18
19	20 /	21	22 Harai Goshi, Guard, Knee-in Entry Guard Pass to Tate Shiho Gatame or Yoko Shiho Gatame	23	24	25
26	27 Uchi Mata	28	29 Uchi Mata			

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March 2012

Lessons for ENMU-R Semester 3

Schedule of Events

- 17-25 March—Spring Break

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5 Uchi Mata MID-TERM EXAM	6	7 Uchi Mata MID-TERM EXAM	8	9	10
11	12 Sasae Tsuru Komi Ashi	13	14 Sasae Tsuru Komi Ashi	15	16	17
18	19	20	21	22	23	24
25	26 Sasae Tsuru Komi Ashi	27	28 Sasae Tsuru Komi Ashi	29	30	31

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April 2012

Lessons for ENMU-R Semester 3

Schedule of Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Randori	3	4 Randori	5	6	7
8	9 Static Review of all Known Waza	10	11 Dynamic Review of all Known Waza	12	13	14
15	16 Tomoe Nage	17	18 Tomoe Nage	19	20	21
22	23 Tomoe Nage to Tate Shiho Gatame	24	25 Tomoe Nage to Tate Shiho Gatame	26	27	28
29	30 Nage Waza Blocking and Countering					

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May 2012

Lessons for ENMU-R Semester 3

Schedule of Events

- 7 May—Handout Final Examination Paperwork; Begin physical demonstration segment of Final Examination.
- 9 May—Turn-in Final Examination Paperwork; Complete physical demonstration segment of Final Examination

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 <i>Miscellaneous Topics</i>	3	4	5
6	7 PROMOTIONAL FINAL EXAM	8	9 PROMOTIONAL FINAL EXAM	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

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